

Changemaker Program

Vision: Lead with Purpose

Changemaker

Leading with purpose means having a vision and communicating it in a way that inspires others. The Changemaker program helps you build and execute your vision. Be the change you want to see in the world.

Format

- 15 sessions
- 60 minutes for each session, except:
 - Session 1 = 30 minutes
- Online video for all sessions, except:
 - Session 13 = in-person meeting (can be online if you prefer)
- Homework after each session including work from the PQ app, surveys, exercises, specific reading, videos, and assessments

Session	Topic	Session Goals
1	Commencement	Overview of Changemaker Program, Expectations, and Outcomes
2	Know Thyself Part I	Self-Awareness
3	Know Thyself Part II	Self-Awareness
4	Examine	Introduce Mental Fitness model
5	Practice	Use Mental Fitness to Find a Solution
6	Build Leadership Resonance	Navigate Optimally
7	Leadership Style	Discover How You Lead
8	Perspective	Evaluating Multiple Perspectives
9	Setting Limits	Energy Optimization
10	Create your Vision	Focus on What Matters
11	Legacy	Identify the Legacy you want to Leave
12	Handling Roadblocks	Handle Roadblocks using Mental Fitness or Balance Perspectives (client choice)
13	Communication	Empowered Leadership Communication
14	Clarity	Whole-Self Clarity
15	Completion	Reflect on Achievements and What's Next

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Key Learnings

By the end of this coaching, you will have achieved the following:

- Expanded your self-awareness;
- Understood the Positive Intelligence framework through 1:1 coaching **and** by regularly using the PQ app to reinforce learning so you can translate insights into action;
- Used the PQ model to solve problems effectively, with a positive mindset;
- Navigated your work environment optimally;
- Applied Lencioni's Working Genius model to your leadership approach;
- Developed new tools to see situations from multiple perspectives;
- Used your energy wisely so you can have the greatest impact by prioritizing what matters most;
- Connected your purpose, values, and leadership style to your vision;
- Created your desired future state (vision) of what you want to achieve;
- Identified your key legacy priority;
- Known how to comfortably handle roadblocks;
- Learned how to authentically communicate your vision;
- Acquired whole-self clarity.